

Name: _____

Empathy Boot Camp Checklist

Complete these tasks while wearing the Geriatric Simulator:

Task	Rating of difficulty to complete the task 1(easy) - 5(hard)					What did you observe about your body as you completed the task?
	1	2	3	4	5	
Walk across the room and back 5 times						
Sit down and tie your shoes						
Toss and catch a ball						

Complete these tasks while wearing a pair of vision impairment glasses:

Task	Rating of difficulty to complete the task 1(easy) - 5(hard)					What did you observe about your body as you completed the task?
	1	2	3	4	5	
Read a pill bottle label						
Read someone's facial expressions						
Use a zipper or button						

Listen to your surroundings while wearing the Hearing Impairment Simulator:

Setting	Rating of hearing difficulty 1(easy) - 5(hard)					What did you observe about your body as you listened at different settings?
	1	2	3	4	5	
General Hearing Loss setting						
Tinnitus setting						
Dementia setting						

Complete these tasks while wearing the Arthritis Simulator:

Task	Rating of difficulty to complete the task 1(easy) - 5(hard)					What did you observe about your body as you completed the task?
	1	2	3	4	5	
Write your name with a pen						
Open a pill bottle						
Tie your shoes						

Complete these tasks at the Medication Management Station:

Task	Rating of difficulty to complete the task 1(easy) - 5(hard)					What did you observe about your body as you completed the task?
	1	2	3	4	5	
Open each pill bottle						
Read the name of the prescription aloud						
Take the correct number of pills out for the day						